

**For Immediate Release:**

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**TheraPlate Helps Show Jumper Todd Minikus Heal From Injury and Return to Win Grand Prix at Winter Equestrian Festival**



*Wellington, FL (January 29, 2016)*– He’s soared to first place in the Zoetis \$1 Million Grand Prix in Saugerties, New York; toured Hickstead, the United Kingdom and Dublin, Ireland on the United States’ Nations Cup team; and won well over 130 Grand Prix titles throughout his show jumping career. Todd Minikus is at the top of his game— but even this winning rider can’t always escape the inherent dangers of the sport. After an injury prevented Minikus from riding for several months, his sponsor TheraPlate Revolution Therapy Platforms helped him get back in the saddle in time to compete in— and win— the 2016 Winter Equestrian Festival’s first Saturday Night Light Grand Prix.

Minikus was the last rider to jump the course in the \$86,000 Marshall and Sterling CSI2\* Grand Prix, and after a flawless round was also one of the 12 riders to go clear in the jump off. Minikus and his well-known partner Quality Girl, a 12-year-old Oldenburg mare (Quidams Rubin x Dobrock) owned by the Quality Group, proved faster than the 45 other entries to claim the title of champion.

Minikus had sustained a groin injury during training in the fall, and was forced to give himself and his string of world-class horses a few months off. “I didn’t ride for months because the tendons were totally detached,” said Minikus. He found himself with an issue that no one seemed to quite know how to fix. “The surgeons and physical therapists were a little bit afraid,” Minikus recalled. “So after I began to feel like I was starting to feel a bit better, I started lying on my TheraPlate to heal myself. I did it for months.”

Now, Minikus is starting off his 2016 winter show season strong with a Grand Prix victory already under his belt. The TheraPlate Brand Ambassador has big plans for the rest of the year, including working towards qualifying for the United States Olympic Show Jumping Team that is headed to Rio de Janeiro, Brazil for the summer Olympic Games.

TheraPlate is happy to sponsor Minikus and to be a reason that he is back to his winning ways in the show ring. As the Official Therapy Plate of the United States Equestrian Federation (USEF), TheraPlate is a favorite among equestrians across all disciplines because of its ability to reduce the chances of injury and promote healing in horses, humans, and other animals. TheraPlate is devoted to helping horses and people reach the health and body condition needed to deliver peak performances. Through consistent use over time, benefits of the TheraPlate therapy platforms include increased circulation, increased bone strength, increased muscle mass, reduced swelling and inflammation, rapid healing, and reduced pain.

To reach your own peak performance like TheraPlate Brand Ambassador Todd Minikus has, try out a TheraPlate for yourself today. Visit [www.theraplate.com](http://www.theraplate.com) or call (800) 920-3685 or 817 629-5171 for more information.

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Photo: TheraPlate Brand Ambassador Todd Minikus and Quality Girl win the \$86,000 Marshall and Sterling CSI2\* Grand Prix at the Winter Equestrian Festival (Photo courtesy of JRPR— no photo credit necessary)