

For Immediate Release

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Fit Horses Lead to First Place and TheraPlate Peak Performance Award for Lisa Wilcox at Adequan Global Dressage Festival



Wellington, FL (March 1, 2016) — Seasoned international dressage competitor Lisa Wilcox debuted two horses in the CDI Small Tour at the recent Adequan Global Dressage Festival CDI-W, and ended with a 1-2 finish in the FEI Prix St. Georges. Catherina, owned by Anita Fialkow and her daughter Sandra, won the class, with Horses Unlimited stallion Gallant Reflection HU hot on her heels. At the mare's first CDI, Catherina was honored with the TheraPlate Peak Performance Award in recognition of her incredible fitness and athletic ability.

As Wilcox prepared to compete Catherina and Gallant Reflection HU in their very first CDI, her goals were reasonable and modest. "I was hoping to hang with the pack and, if I could, be placed," she explained. "We did better than I ever imagined. I am extremely proud of how well they handled the atmosphere. It is a big difference coming from the national arenas into that stadium, and they both did brilliantly."

Catherina's incredible performance, conditioning, and athleticism earned her the TheraPlate Peak Performance Award along with her Prix St. Georges victory. Chip Kreiling, owner of TheraPlate Revolution Therapy Platforms, was on hand to present Catherina, Wilcox, and the Fialkows with a beautiful silver plate and

ribbon to commemorate the award. TheraPlate Revolution Therapy Platforms are the Official Therapy Plate of the United States Equestrian Federation (USEF).

It's no surprise that Catherina has as excellent body condition as she does— while accepting the award, Anita Fialkow revealed, “Catherina already uses the TheraPlate. Lisa has been there every step of the way to get Catherina to where she is today, and TheraPlate has been there, too.”

Consistent use of TheraPlate platforms over time increases circulation, increases bone density and strength, increases muscle mass, reduces swelling and inflammation, and encourages rapid healing. Horses who use TheraPlate become more fit and better able to perform in intense competition.

As Wilcox knows, fitness makes a huge difference to how successful a horse and rider partnership can be. When Wilcox first started training Catherina about five years ago, the pair went straight to work “rebuilding” the now 11-year-old Oldenburg mare. “When I brought Catherina to her, she needed some rehabilitating.” explained Anita Fialkow. “Lisa rebuilt her so slowly, and with such patience and understanding. I was very, very impressed.”

Undoubtedly, Wilcox has drawn on her personal knowledge of Catherina's lineage in unlocking the mare's potential. Describing Catherina's bloodlines, Wilcox said, “She is Dimaggio x Santander H, which is a Sandro Hit. Both of these stallions, interestingly enough, were at Gestüt Vorwerk when I was there.” Wilcox was the longtime rider for the renowned stable Gestüt Vorwerk in Germany, and rose to international stardom with Vorwerk's stallion Relevant.

TheraPlate was proud to reward such an accomplished rider, successful owners, and of course a truly athletic horse with the TheraPlate Peak Performance Award. TheraPlate is a sponsor of the 2016 Adequan Global Dressage Festival, a prestigious 12-week show series that attracts top dressage competitors from around the world. TheraPlate presents the TheraPlate Peak Performance Award to the horses that most strongly personify the company's principles of soundness, strength, and performance— all qualities that the popular TheraPlate platforms help achieve.

Catherina's fitness will undoubtedly aid her competition career as she continues to blossom under Wilcox's guidance. TheraPlate's revolutionary therapy platforms can improve the show ring success of any horse by improving their overall health and fitness. All horses have to do is stand on the therapy platform.

For more information about TheraPlate's revolutionary therapy platforms, visit www.theraplate.com or call (800) 920-3685.

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Photo: Catherina, ridden by Lisa Wilcox and owned by Anita Fialkow and her daughter Sandra, won the TheraPlate Peak Performance Award at the Adequan Global Dressage Festival. From left to right: Chip Kreiling (owner of TheraPlate), Catherina, Lisa Wilcox, and Sandra and Anita Fialkow. (Photo courtesy of JRPR— no photo credit necessary)