

Racehorses Benefit from TheraPlate in Preparation for the Kentucky Derby



Louisville, KY (May 4, 2017) – Some of the world’s top racehorses are gearing up for what could be one of the biggest moments of their careers – the annual Run for the Roses at the famed Kentucky Derby. This year’s race will be held on Saturday, May 6, at Churchill Downs in Louisville, Kentucky. Because the elite equine athletes must be in peak condition to excel in the 1 1/4 mile race, many racehorses across the industry benefit from a special tool to maximize performance: the TheraPlate.

TheraPlate Revolution Therapy Platforms is a company that creates innovative, easy to use therapy platforms that help horses build fitness or heal from injuries. TheraPlate, the Official Therapy Plate of the US Equestrian, improves and maintains the condition and overall health of horses across disciplines. Many top racehorses rely on TheraPlate platforms to counter the effects of chronic inflammation, speed healing, and help prevent injury.

One of these horses is Irap, owned and trained by Reddam Racing, LLC. Irap recently broke his maiden with a win in the Blue Grass Stakes and is set to run in the Kentucky Derby this weekend. Reddam Racing is no stranger to the Kentucky Derby, as last year’s Derby winner, Nyquist, is owned by Reddam. Reddam Racing is also no stranger to TheraPlate. Doug O’Neill, trainer of both Nyquist and Irap, originally introduced the product to Reddam Racing

and to team member Edward Freeman, who works with the operation's young horses and oversees all horses that require rehabilitation.

"When the opportunity came to build and design the rehab facility that we wanted, TheraPlate was one of the first decisions we made," Freeman said.

Reddam Racing got a TheraPlate stall unit, which is a TheraPlate that covers an entire stall floor from wall to wall. Freeman explained this is helpful at their busy operation because they can simply turn on the TheraPlate and leave a horse alone in the stall to reap the benefits. The TheraPlate is a standard part of training and rehabilitation at Reddam Racing, whether to assist in strengthening, healing injuries, or helping to relieve stress.

"I feel with the horses pounding away left-handed on a hard dirt track day after day, using the TheraPlate can't possibly be anything but beneficial," Freeman said.

The TheraPlate is used to increase circulation; reduce swelling, inflammation and pain; build muscle; assist in warming up and cooling down; and lessen the risk of future injuries in horses.

"I think in general, particularly for horses coming off routine training and breezing and racing, they definitely loosen up after being on the TheraPlate," Freeman said.

TheraPlate Revolution Therapy Platforms is excited to watch Irap run in the Kentucky Derby this weekend, and cheer him on along with the other TheraPlate-using horses who will be running. The company offers therapy platforms to benefit horses, pets, and their human counterparts by using dynamic movement with zero impact to maximize performance. To learn more about how the innovative TheraPlate can benefit horses' overall health, visit www.theraplate.com.

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A Reddam Racing, LLC horse uses the operation's TheraPlate stall (Photo courtesy of Kasey Bennet)

(For a higher resolution photo, email staffwriter@jrprnews.com)