



## **TheraPlate Peak Performance Award Presented to Annette fan'e Hamsterheide**

*Springfield, OH (October 23, 2017)*— There was no shortage of fit and athletic horses at this year's Friesian National Championships, which was held in Springfield, Ohio, and featured Friesian horses competing in many different disciplines. From under saddle to halter and driving classes, this competition showcased a variety of horses performing at the top level of their sport- all competing for World Championship Titles. As a way to recognize the athleticism and conditioning of these horses, TheraPlate Revolution Therapy Platforms presented the TheraPlate Peak Performance Award to one horse that performed at a high level and also made that performance seem effortless. TheraPlate was especially impressed by a beautiful Friesian mare named Annette fan'e Hamsterheide, and presented her with the award after she won the World Champion Friesian Hunt Seat Mares class.

Annette fan'e Hamsterheide (Annette) is a 9-year-old purebred Friesian mare by Doaitzen and out of Deite by Freitse. She is owned by Charley and Brenda Roberts of Eustis, Florida, and in training at Lorick Stables in Youngstown, New

York, with trainer Gareth Selwood. “She’s very easy to work with and has an excellent temperament,” Selwood commented of the mare.

Annette was shown at this year’s Friesian National Championships by trainer Selwood, owners Charley and Brenda Roberts, and assistant trainer Alexis Lingenselter and won a total of 13 World Championship titles at the show. She showed in driving, halter, liberty, and under saddle classes. She won the TheraPlate Peak Performance Award for her performance in the World Champion Friesian Hunt Seat Mares Class where she was ridden by Alexis Lingenselter. “Her ride was perfect. She made no mistakes, and the mare was beautiful and absolutely beautiful to watch,” said Selwood.

Annette’s outstanding performance at the show is a testament to the quality of the training program at Lorick Stables. Trainer Gareth Selwood has worked hard to keep the mare in top condition and ready to show. “I’m meticulous about grooming and keeping them healthy,” said Selwood. His efforts as well as Annette’s natural ability did not go unnoticed at the World Show, and TheraPlate was proud to honor such an athletic and talented horse.

As part of the award, Selwood will be able to try a TheraPlate Revolutionary Therapy Platform at his farm for three weeks at no cost. “We’ve seen it at most of the shows, but I haven’t used it yet,” said Selwood. “I would love to try it! It would be nice to use it before we show.”

TheraPlate platforms are beneficial for both humans and horses. Through low-intensity dynamic movement, users experience increased circulation and muscle contractions. Simply standing on the TheraPlate helps to reduce inflammation and pain while simultaneously increasing circulation to speed the healing process.

For more information on TheraPlate Revolution Therapy Platforms, the Official Therapy Plate of the US Equestrian, visit [www.theraplate.com](http://www.theraplate.com), call toll-free (800) 920-3685, or call (817) 629-5171.

Photo: Friesian mare Annette of Lorick Stables garnered the TheraPlate Peak Performance award at the 2017 Friesian National Championships (Photo courtesy Avalon Photography, LLC)