

## TheraPlate Peak Performance Award Winners Share their Secret to Fitness at the Colorado Horse Park Summer in the Rockies



*Parker, CO (July 5, 2016)* — The horses that were chosen to win the TheraPlate Peak Performance Award at the Colorado Horse Park’s Summer in the Rockies hunter/jumper series this June all had something more in common than just the outstanding athletic builds that earned them the award. The Colorado Horse Park show committee selected the winners on sight, based on their obvious muscular build, fitness, and athleticism that allowed them to perform exceptionally in the show ring. When the winning horse’s owners and riders were asked to reveal their secrets to keeping their horses so fit, they all shared a similar story.

As an Official Sponsor of the Colorado Horse Park in Parker, Colorado, TheraPlate Revolution Therapy Platforms, the Official Therapy Plate of the United States Equestrian Federation (USEF), is presenting its TheraPlate Peak Performance Award throughout the summer on the show grounds. The company is proud to honor horses that exemplify soundness, fitness, strength, and peak performance— all qualities that the TheraPlate platform can help horses to achieve.

The first horse that was awarded the TheraPlate Peak Performance Award ribbon and engraved silver plate at the Summer in the Rockies show series this June was Premonition. Known around the barn as Humphrey, the bay Hanoverian gelding is owned by Sarah Kassabian of Oklahoma City, Oklahoma, who trains with Libby Barrow of Farewell Farms in Tulsa, Oklahoma. Kassabian and Humphrey captured the Junior Hunters 3’3” 16-17 Under Saddle Championships, and were named Reserve Champion in the \$1,500 Junior Hunter 3’3”/3’6” Classic in Colorado already this summer.

Humphrey feels at home at the Colorado Horse Park, as he lived locally before Kassabian purchased him. “Some people at the show recognized him and told me that he looks better than he ever has,” said Kassabian. “Humphrey actually

goes on the TheraPlate every day when we're at shows. It does help. I stand on it with him sometimes, and it helps my back as well."

Kassabian has Humphrey for sale as she plans to head to Emory University outside of Atlanta for her freshman year this fall to study political science. "It's bittersweet though because I have to get rid of my soulmate," she said. "Humphrey is very loved. He's very talented. This horse is an absolute pleasure. He has the most beautiful mind of any horse I have ever worked with."

The second horse to be awarded the TheraPlate Peak Performance Award at the Colorado Horse Park was Manchester, a seven-year-old gelding owned by Loretta Patterson and ridden and trained by Holly Shepherd of Accolade Farms in Mobile, Alabama. Shepherd guided the Argentinean Zangersheide son of Chester Z to the win in the \$15,000 Jumper Derby and placed fifth in the \$25,000 USHJA International Hunter Derby this season.

Manchester has the TheraPlate in common with Humphrey, as Shepherd has put all of her horses on the TheraPlate every day for the past three years. "We take it to all of the horse shows," Shepherd said. "We have a lot of success with everything from foot soreness to muscle soreness with the TheraPlate. The horses really enjoy it. You can tell."

The third TheraPlate Peak Performance Award winner of June was Wink, an 11-year-old Warmblood gelding owned and ridden by Nicole Lyvere of Elizabeth, Colorado, and trained by Cindy Cruciotti of Serenity Farm Show Stables. Lyvere and Wink have so far captured first place in the Amateur Owner Hunter 3'6" Championship and the \$1,500 Amateur Owner Hunter 3'3"/3'6" Classic.

"I thought it was really cool to win the TheraPlate Peak Performance Award because I always work really hard to keep all of my horses in shape," said Lyvere. Lyvere is also a fan of the TheraPlate and has used it for a variety of her horses. "We use it all the time," she said. "It's been amazing for my retired horses. Even I stand on it when I'm feeling sore."

To discover the same secret to fitness that these Peak Performance Award winners have found, try out the TheraPlate yourself for free at the TheraPlate Therapy Zone at the Colorado Horse Park. TheraPlate's benefits include increased bone strength, muscle mass, hoof growth, and circulation; reduced inflammation, injuries, pain, healing time, and stress; and improved balance, joint health, and function. For more information on TheraPlate's revolutionary therapy platforms, visit [www.theraplate.com](http://www.theraplate.com) or call (800) 920-3685.

Photo 1: Premonition (aka "Humphrey"), owned and ridden by Sarah Kassabian, wins the TheraPlate Peak Performance Award at the Colorado Horse Park (Photo courtesy of the Colorado Horse Park)

Photo 2: Manchester, with rider Holly Shepherd, wins the TheraPlate Peak Performance Award at the Colorado Horse Park (Photo courtesy of the Colorado Horse Park)

Photo 3: Wink, with owner and rider Nicole Lyvere, wins the TheraPlate Peak Performance Award at the Colorado Horse Park (Photo courtesy of the Colorado Horse Park)