

## TheraPlate® Peak Performance Awarded at Gold Coast Dressage Opener to Contento Sogno for Debut CDI



Wellington, FL (January 23, 2018) – “The horse came in snorting and breathing fire,” describes Chris Hickey about Dutch Warmblood, Contento Sogno (Florencio x Aferro) when he jogged him in his debut CDI show during the Gold Coast Dressage Association Opener CDI. “I think he looks impressive when that happens!” In fact, the 17.2 gelding, owned by Cecilia Stewart, was so impressive that he won the Jog Turn Out and was also presented with the TheraPlate Peak Performance Award. As an official sponsor of Gold Coast Dressage Association (GCDA), TheraPlate is the official Therapy Plate of the US Equestrian and is honoring extremely fit, athletic, and muscular horses with the TheraPlate Peak Performance Award throughout the 2018 Gold Coast Dressage Association show series in Wellington, Florida. TheraPlates are highly effective therapy platforms that use dynamic movement to improve fitness, help relieve the causes of pain, and foster healing in horses, humans, and other animals.

“The reason I jogged him for Cici (Cecilia) is because this is his first CDI,” Hickey explains about Contento Sogno. “The horse needs to get into more venues. He needs to get miles and gain confidence,” he continues, “He gets a little spicy and Gold Coast is a little quieter.” After Hickey showed Contento in the jog, Stewart went on to ride her horse into third place in the CDI Prix St Georges Adult Amateur with an impressive score of 63.382%. As they continue through the season, the TheraPlate therapy platform can be of great benefit to Contento and help him to relax because it maximizes performance— including recovery from the stresses of high-level competition. TheraPlate’s platforms gently and rapidly help users reach ideal body conditions, with zero impact. By simply standing on the platforms, users can increase blood circulation, build

muscle, reduce inflammation, and incur many other health benefits. Adding a TheraPlate to a training program can enhance conditioning and performance much more quickly than can be done without using the therapy platform.

Hickey says he is looking forward to experiencing these benefits first hand because as a part of the award, they will have use of a TheraPlate therapy platform for a whole month “I’m very excited to have a TheraPlate for a month,” he says, “We have a few customers at home in Edgemore, SC that have their own, so I’m very happy to have one while we’re down here!” Lisa Spillman, a distributor for TheraPlate was on hand to present the award and arrange the trial of the TheraPlate for Hickey.

While in Wellington, Hickey and Stewart are at a quiet barn in Rustic Ranches. “We hack in the Preserve every week,” he describes, “We love it over there. It’s nice and quiet and peaceful.”

As a former member of the US Equestrian Team, riding in the PanAm Games in Brazil, Hickey is in good company. Many of the United States’s top equestrians are already dedicated TheraPlate users, including Olympian Debbie McDonald, top dressage riders Heather Blitz and Caroline Roffman, 11-Time World Champion Barrel Racer Charmayne James, successful para-equestrians Sydney Collier and Annie Peavy, and reining champion Tom McCutcheon. These riders use TheraPlate therapy platforms as a vital part of their horses’ conditioning and training programs.

For more information on TheraPlate Revolution Therapy Platforms, the Official Therapy Plate of the US Equestrian, visit [www.theraplate.com](http://www.theraplate.com), call toll-free (800) 920-3685, or call (817) 629-5171.

To read about the variety of conditions the TheraPlate can address and improve, visit [www.theraplate.com](http://www.theraplate.com), call [\(800\) 920-3685](tel:8009203685), or email [theraplate@gmail.com](mailto:theraplate@gmail.com).

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Photo 1: Chris Hickey with Contento Sago and TheraPlate Distributor, Lisa Spillman. Owner/Rider Cecelia Stewart in the saddle. (photo courtesy of Christine Rose Photography)

Photo 2: Owner/Rider Cecelia Stewart riding Contento Sago. (photo courtesy of Christine Rose Photography)